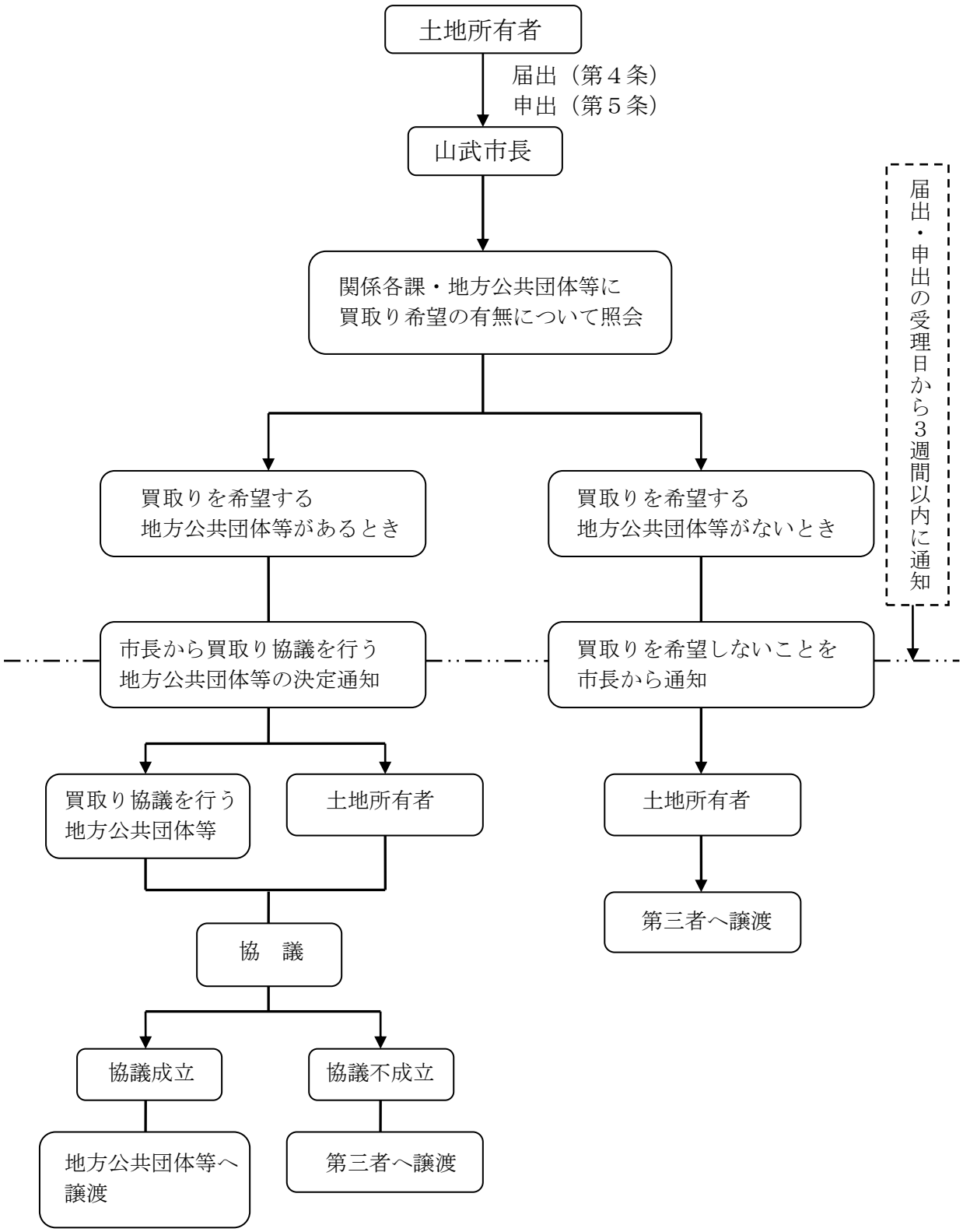山武市における公拡法の手続きの流れ