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Have Cancer checkups and Health checkups.



Registered Sammu City residents can have a Cancer checkups and the Health checkups.

Please have a Cancer checkups and Health checkups to examine your health.

(1) Type of Cancer checkups and Health checkups.

Eligible residents can receive each checkup once a year.

Types	Stomach cancer checkup	Colorectal cancer checkup	Breast cancer checkup	Cervical cancer checkup
Age	Residents aged 40 and older	Residents aged 40 and older	Residents aged 30 and older	Residents aged 20 and older
Male/Female			Female	Female
Cost	1,200yen	300yen	1,200yen	800yen
Description of the checkup	Stomach X-ray exam (barium)	Stool exam (two days' stool samples is needed)	An ultrasound or a mammogram	Cervical cytology exam
Contact	Health Support Section (<i>Kenkō Shien Ka</i>) Adult Hygiene Unit (<i>Seijin Hoken Gakari</i>) 0475-80-1171			



Types	Prostate cancer checkup	Lung cancer checkup, Tuberculosis checkup	Specific health checkup	Medical checkup for elderly
Age Male/Female	Residents aged 50 and older Male	Residents aged 40 and older	Residents aged 40 to 74 and enrolled in <u>National Health Insurance</u>	Residents aged 75 or older and enrolled in <u>Medical Care System for Elderly in Latter Stage of Life</u>
Cost	800yen	Free	Free	Free
Description of the checkup	Blood test	Chest X-ray exam	Body measurement(height, weight and waist measurement), blood pressure, medical interview, urine and blood tests	Body measurement(height and weight), blood pressure, medical interview, urine and blood tests
Contact	Health Support Section (<i>Kenkō Shien Ka</i>) Adult Hygiene Unit (<i>Seijin Hoken Gakari</i>) 0475-80-1171		National Health Insurance & Pension Section (<i>Kokuho Nenkin Ka</i>) National Health Insurance Unit (<i>Kokumin Kenkō Hoken Gakari</i>) 0475-80-1143	National Health Insurance & Pension Section (<i>Kokuho Nenkin Ka</i>) Elderly Medical Care & Pension Unit (<i>Kōreisya Iryō Nenkin Gakari</i>) 0475-80-1142



(2) Where you apply for the checkups (How to apply for the checkups)

① Specific health checkup

You can apply for the checkup during the application period.

To find out the application period, refer to the “ Notice of group screening (*Syūdan Kenshinno oshirase*)” , on the picture below.

② Medical checkup for elderly

You can apply for the checkup during the application period.

To find out the application period, refer to the “ Notice of group screening (*Syūdan Kenshinno oshirase*)” , on the picture below.

③ Cancer checkup

You can apply for the checkup during the application period.

To find out the application period, refer to the internet site of Sammu City .

**山武市国民健康保険特定健康診査等
集団健診のお知らせ**

◆健康診査の種類 (対象年齢は、)

実施(検)診名	年齢	種別(後)診対象者 国民健康保険 加入医療保険	費用	問い合わせ先
特定健康診査	40~74歳	国民健康保険	無料	国保年金課 国民健康保険係 ☎ 0475 (80) 1143
後期高齢者健康診査	75歳以上	後期高齢者医療	無料	国保年金課 高齢者医療年金係 ☎ 0475 (80) 1142
肺がん・結核検診 (胸部エックス線検査)	40歳以上	—	無料	健康支援課 成人保健係 ☎ 0475 (80) 1171
前立腺がん検診	50歳以上 男性	—	800円	
肝炎ウイルス検診	40歳以上	—	無料	

◆健康診査の受け方 (検(後)診項目・注意事項等は、4ページに記載しています)

- ① 特定健康診査、後期高齢者健康診査を受診される方**
日程をご確認のうえ、予約をしてください。⇒2~3ページへ
肺がん・結核検診、前立腺がん検診、肝炎ウイルス検診をご希望の方は、同時に受診することができます。
- ② 肺がん・結核検診のみを受診される方**
日程をご確認のうえ、直接会場にお越しください。⇒3ページへ
- ③ 前立腺がん検診のみまたは肝炎ウイルス検診のみを受診される方**
日程をご確認のうえ、直接会場にお越しください。⇒3ページへ

◆健康診断における個人情報の取り扱いについて
特定健康診査の結果は、保健指導に利用する他、保健事業実施のための分析に使用します。また、国への実態報告として報告されることがありますので、ご了承ください。

◆特定健康診査等のお知らせ
特定健康診査等(健康診断・健康指導プログラム)より実施される特定健康診査(胸部X線検査・結核検査)に該当する方は、保健時や業士からの説明後に結果通知をさせていただきますのでご協力をお願いします。



“ Notice of group screening
(*Syūdan Kenshinno oshirase*)”





◎ Difficult words on pages 92 and 93 ◎

※Cancer checkups and Health checkups

• • • These are the screening check on the health of residents in order to discover illness.

If you have a cancer checkup, you can examine whether you have cancer or not.

You can examine your health by having the Specific health checkup.(Those who enrolled in National Health Insurance and aged 40 to 74 are able to have the Specific health checkup.)

You can examine your health by having the Medical checkup for elderly.(Those who enrolled in Medical Care System for Elderly in Latter Stage of Life and aged 75 or older are able to have the Medical checkup for elderly.)

※National Health Insurance • • • It is a system to reduce the money you pay at clinics or hospitals.

Those covered by the company's Social Insurance (*Shakai Hoken*) are not eligible for National Health Insurance.

※Medical Care System for Elderly in Latter Stage of Life • • • It is a Health Insurance that people aged 75 or older are required to enroll in.

Contact	Address	Phone Number
Health Support Section (<i>Kenko Shien Ka</i>)	296 Tonodai Sammu City	0475-80-1171
For inquiries regarding the Specific health checkup	Address	Phone Number
National Health Insurance & Pension Section (<i>Kokuho Nenkin Ka</i>)	296 Tonodai Sammu City (Counter number 6)	0475-80-1143
For inquiries regarding the Medical checkup for elderly	Address	Phone Number
National Health Insurance & Pension Section (<i>Kokuho Nenkin Ka</i>)	296 Tonodai Sammu City (Counter number 6)	0475-80-1142

< Reception Hours > Monday through Friday 8:30 a.m. to 5:00 p.m.

※The office is closed on Saturdays, Sundays, National Holidays, and from December 29 to January 3.